

Usermanual

Enblidstart Pro Birth Pools / La Bassine Birth Pools



Enblidstart

***Please read the user manual before testing the birth pool prior to labor.
It is important to follow the precautions, as it may otherwise affect the deposit.***

Unpacking

- The birth pool should be kept at room temperature for 24 hours before being removed from the storage bag and inflated. This prevents the vinyl from cracking.
- Place the pool on the protective mat on a vacuumed floor. Only move the pool by pulling the protective mat to avoid damaging the pool.
- Do not jump into the birth pool when it is only filled with air, as this puts extra pressure on the material and may cause punctures.

Filling/Draining water

- **Filling:** Use ONLY clean tap water and the light-colored hose to ensure the hose remains clean.
- **Draining:** Use the dark-colored hose for emptying the water.

Testing

Test the birth pool and accessories before labor to ensure everything works as expected.

- Inflate the birth pool and leave it with air for at least 4 hours.
- It is not necessary to fill the pool with water, but if you do, make sure to manually drain the water (e.g., using a pot) to avoid contaminating the pool/liner with dirty water from the water pump.
- Avoid testing with the liner, as it is for single use only.
- When testing with water, fill the birth pool with a maximum of 39°C water up to the "max line," visible on the inside of the pool.
- Make sure the faucet connection fits your water tap. Two connectors are included: the black one fits the bathroom faucet. If you need to get water from another source, the connector with the fastening strap may work. Otherwise, you can attach a fitting that connects to your faucet on one end and is either 1/2", 3/4", or compatible with the connector with the fastening strap on the other end.
- Test the water pump and air pump by simply plugging them into a power outlet.
 - ★ **IMPORTANT:** The heating element must only be turned on when submerged in water to avoid overheating.
Do not use, while in the water.

Inflating the Pool

1. Open the valve at the bottom of the pool and use the smallest nozzle to fill the base with air.
2. Open the front section of the valves on the side so it only receives air, and inflate the pool walls.
 - ★ **IMPORTANT:** Do not overinflate, as this may cause punctures.

Liner (for both original and non-original liners)

1. Attach the liner to the birthing pool while the sides are still soft.
2. Lift it and push out any trapped air between the pool and the liner.
3. Fully inflate the birthing pool.

Draining the pool

1. Attach the draining hose to the pump to direct the water into a drain.
2. Place the waterpump in the birthing pool and plug it into a power outlet.
 - The lower the draining point, the faster the pool will empty.

Cleaning

1. **Liner:** Empty the liner using the water pump. Remove the liner, fold it to pour out the remaining water, and dispose of it.
2. **Pool:** Wipe the pool inside and out with a damp cloth and unscented soap. Check the folds at the top and bottom edges. Allow the pool to dry completely before repacking.
3. **Waterpump:** Open the front and back cover of the waterpump and remove ALL residues. Rinse the pump thoroughly with water and unscented soap.
4. **The drainage hose:** Clean it with water and unscented soap by pumping soapy water through it (do not use boiling water as it may damage the pump).
5. **The filling hose:** Wipe it with a damp cloth and unscented soap, or wash it under running water.
6. **Accessories:** Wipe the faucet connectors, air pump, protective mat and manual with a damp cloth and unscented soap.
7. **Sieve:** Rinse the sieve and then pour boiling water over it.
8. **Additional accessories:** Ensure all accessories are clean and dry before returning them.

Deflating the Pool

1. Unscrew the black valve on the side to let the air escape naturally.
2. Open the bottom valve and use the pump with the smallest nozzle to deflate the base.
3. Use the pump to fully deflate the sides. Avoid pressing on the pool.

Repacking

1. Carefully fold the birthing pool on both sides towards the center, then fold it in half (3-4 folds in total).
2. Roll up the birthing pool along its long side and place it in the storage bag.
3. Fold the hoses without bending them to avoid damage and place them in bags.
 - ★ **IMPORTANT:** Make sure the birthing pool and accessories are completely dry and free of water before packing them away.